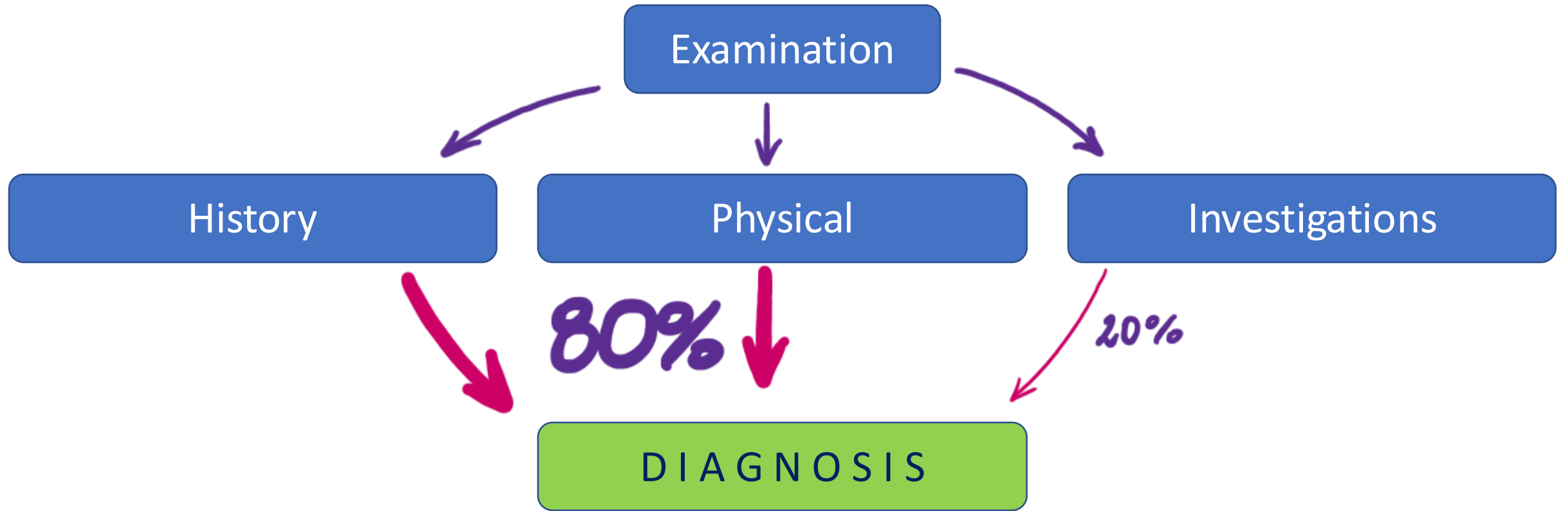




History Taking in Pediatrics

Magdalena Okarska-Napierała



History taking = interview

- The main source of information
- Standard framework, logical structure
- The ability to **listen**...
... critically
- The basis for **confidence and trust** between doctor and patient / parents





History taking in pediatrics

History taking in pediatrics

1. Open question – tell me about your baby / what's worrying you?

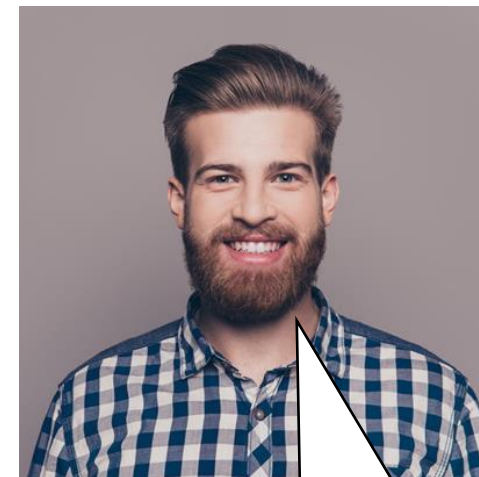
Cold, cough...

27.03 at 7:35 we've noticed
rise in temperature to 37.7°C.
We did nothing then, because
we don't use antipyretics
below...

**COUGH FOR 4
WEEKS!!!**



Do you believe in
parasites?



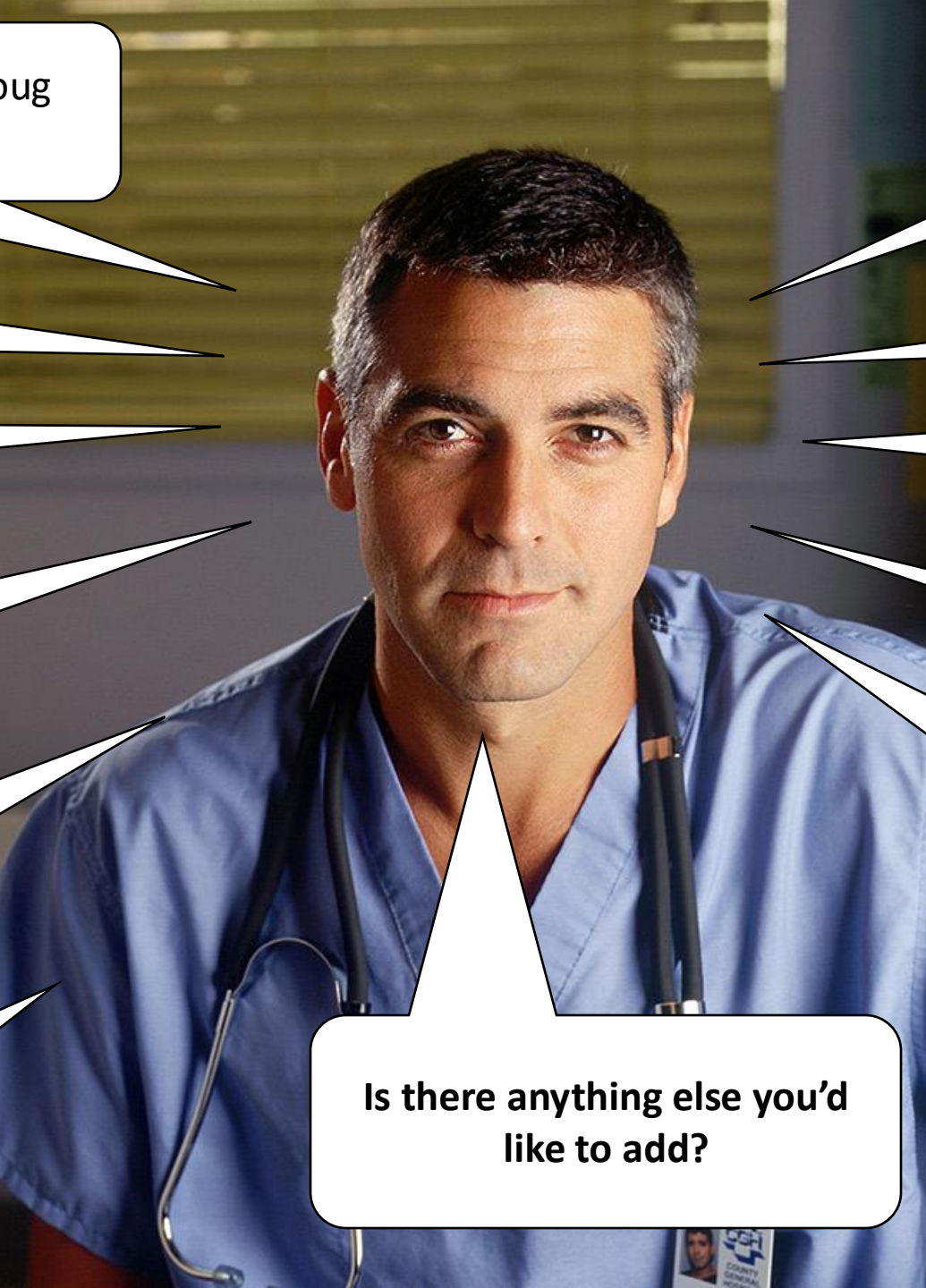
Don't know.
Wife's sent me 😊



AAAAAaa!!!

History taking in pediatrics

1. Open question – tell me about your baby / what's worrying you?
2. The **precise sequence of** present **complaints** with general condition assessment
3. Did **similar symptoms / signs** appear **in past**?
4. Has the child any chronic disorders? Which? **Allergies**?
5. Does he / she take any **medications**? Which?
6. Pregnancy, delivery, perinatal events
7. **Developmental** progress (somatic and psychomotor)
8. Feeding
9. **Immunizations**
10. **Family history**



Good morning! My name is Doug Ross and I am a doctor.

Why have you brought your child to me? What's worrying you?

What happened first?

Cough? Fever? Diarrhoea?
Vomiting? Headache /
stomachache?

Did you give any medications?
Which? Antibiotic? Which?
What dose?

Did you go to a doctor? What
was his diagnosis? What did
he tell you to do?

Is the child active?
Does he/she play?

Does he/she eat?
DOES HE/SHE DRINK?

Does the infant wake
up for feeding?

Is diuresis
appropriate?

I beg your pardon???

What's your opinion about
the child? Is he/she getting
better or worse?

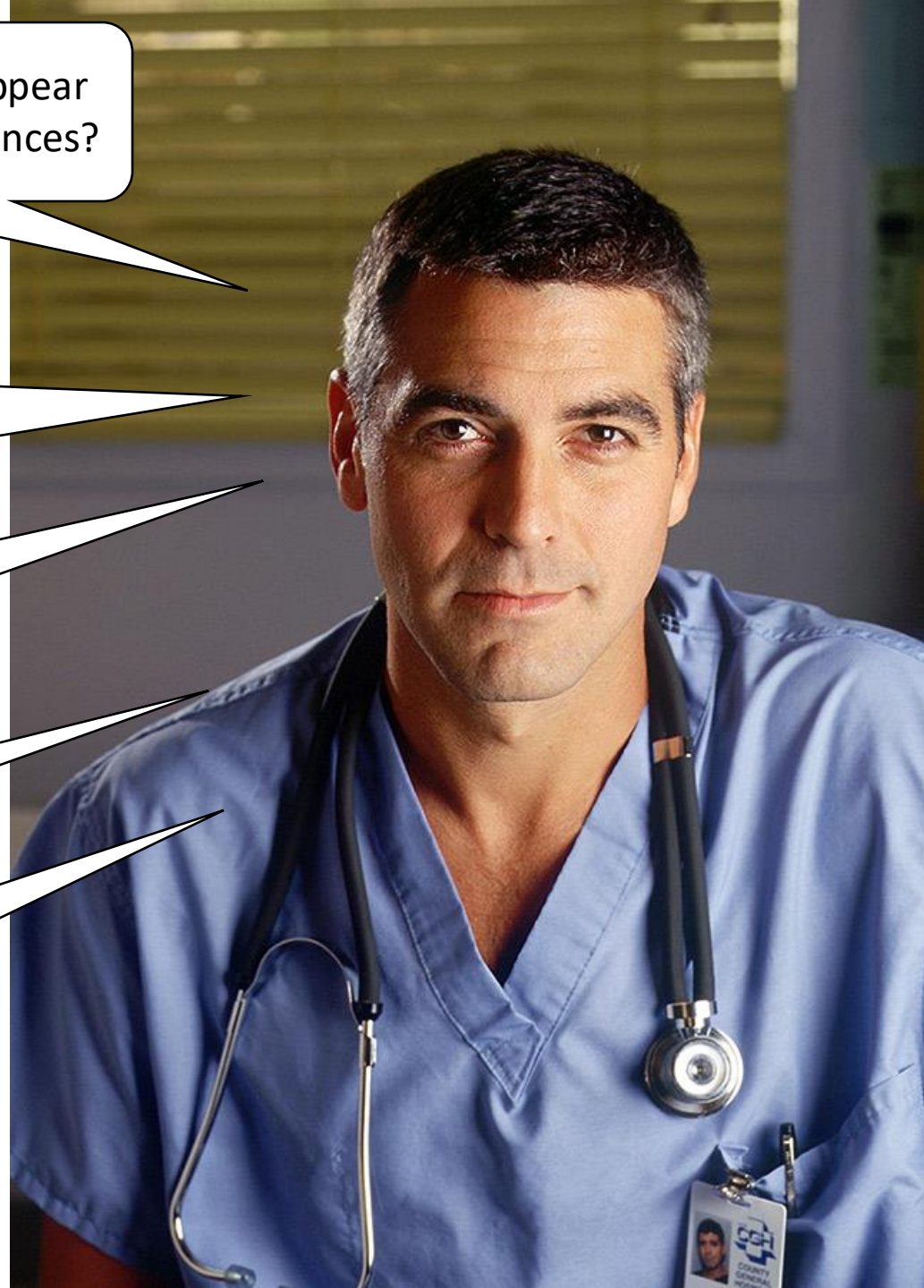
Did similar symptoms / signs appear in past? When? What circumstances?

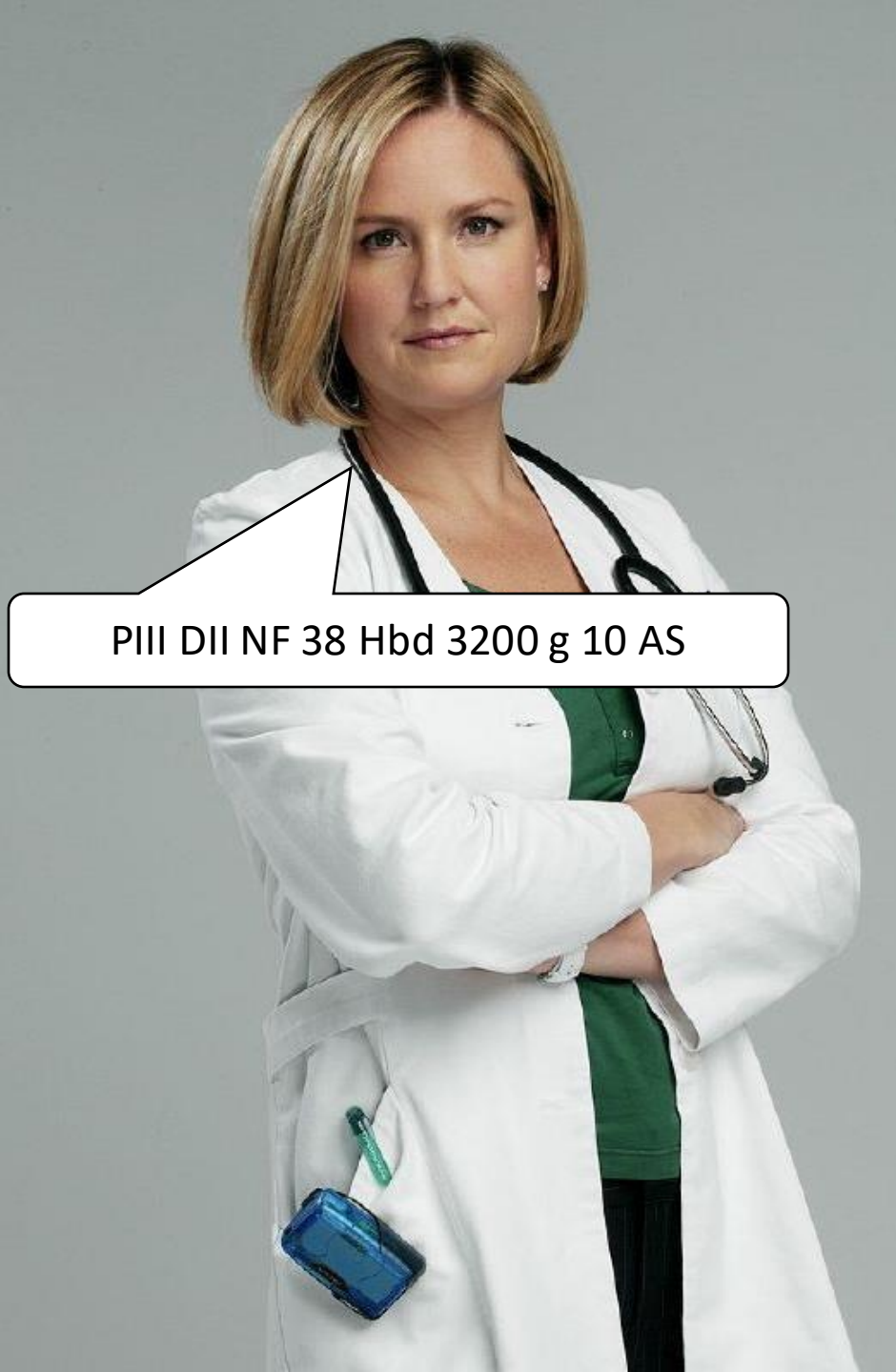
Has he/she got any chronic disorders? Any particular specialist care?

Does she receive any medications? Which? Why? What doses?

Allergies?

Does the child attend daycare?
Since when?





PIII DII NF 38 Hbd 3200 g 10 AS

Perinatal history

- Which delivery it was? Which pregnancy?
- Where there any complications during pregnancy? Which? Medications? Hospitalisations?
- Have you been vaccinated during pregnancy? With which vaccines?
- At what gestational age was the baby born? [38 – 42 Hbd]
- Was it natural birth or cesarean section? Why?
- What was the birth weight? [2501 – 4000 g]
- How many Apgar points did the baby get?
- Did anything unusual happen after birth? At what age was the baby discharged home?



Apgar Scoring system

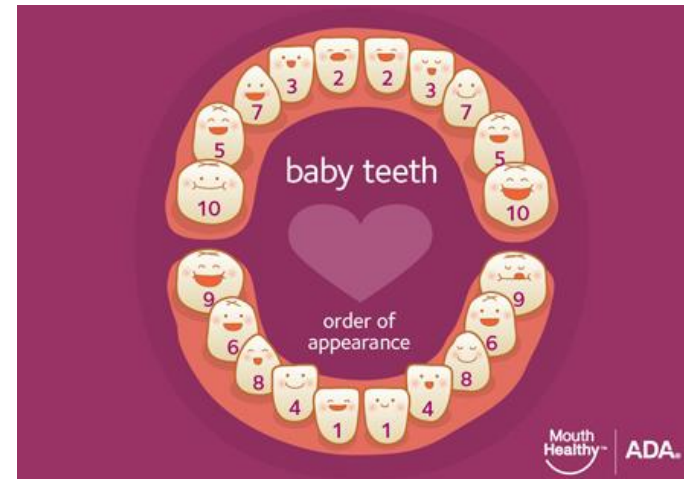
	0	1	2
A ctivity (muscle tone)	Absent	Flexed arms and legs	Active
P ulse	Absent	< 100/min	> 100/min
G rimace (reflex irritability)	Floppy	Minimal response to stimulation	Prompt response to stimulation
A pppearance	Blue/pale	Pink body, blue extremities	Pink
R espiration	Absent	Slow and irregular	Vigorous cry



Somatic development

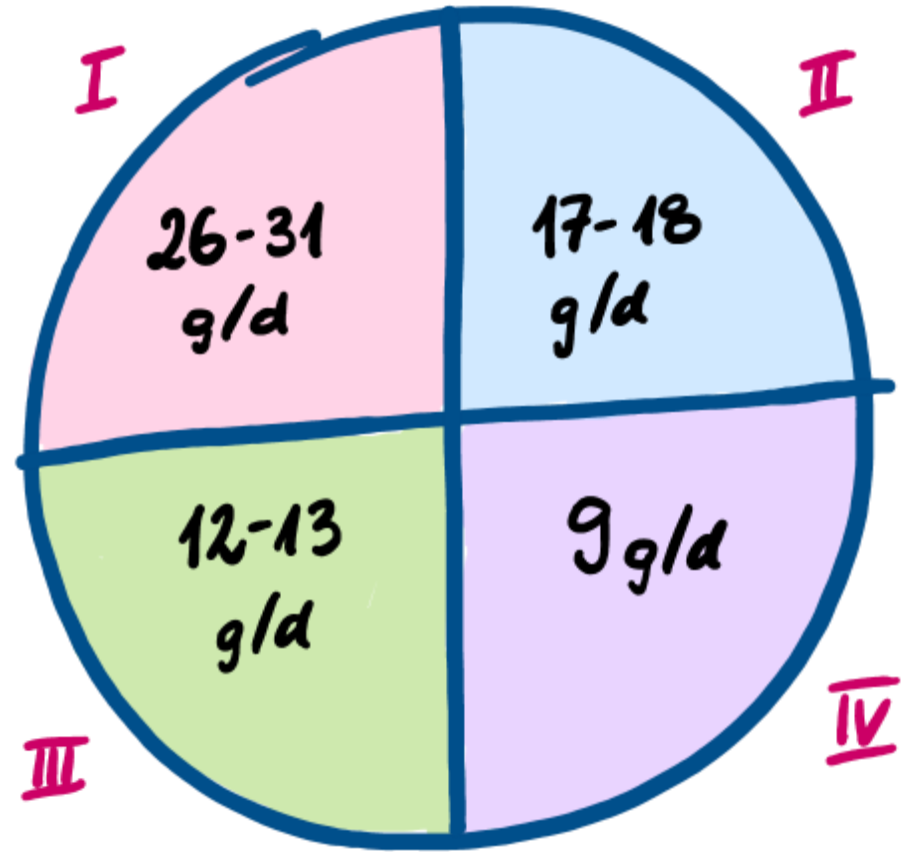
- **Teething**

- Usually begins at the age of 6/12
- Two teeth per 2 months
- Teeth number = age [months] – 6
- Complete deciduous (milk) teeth = 20 (ca. 2.5 years)



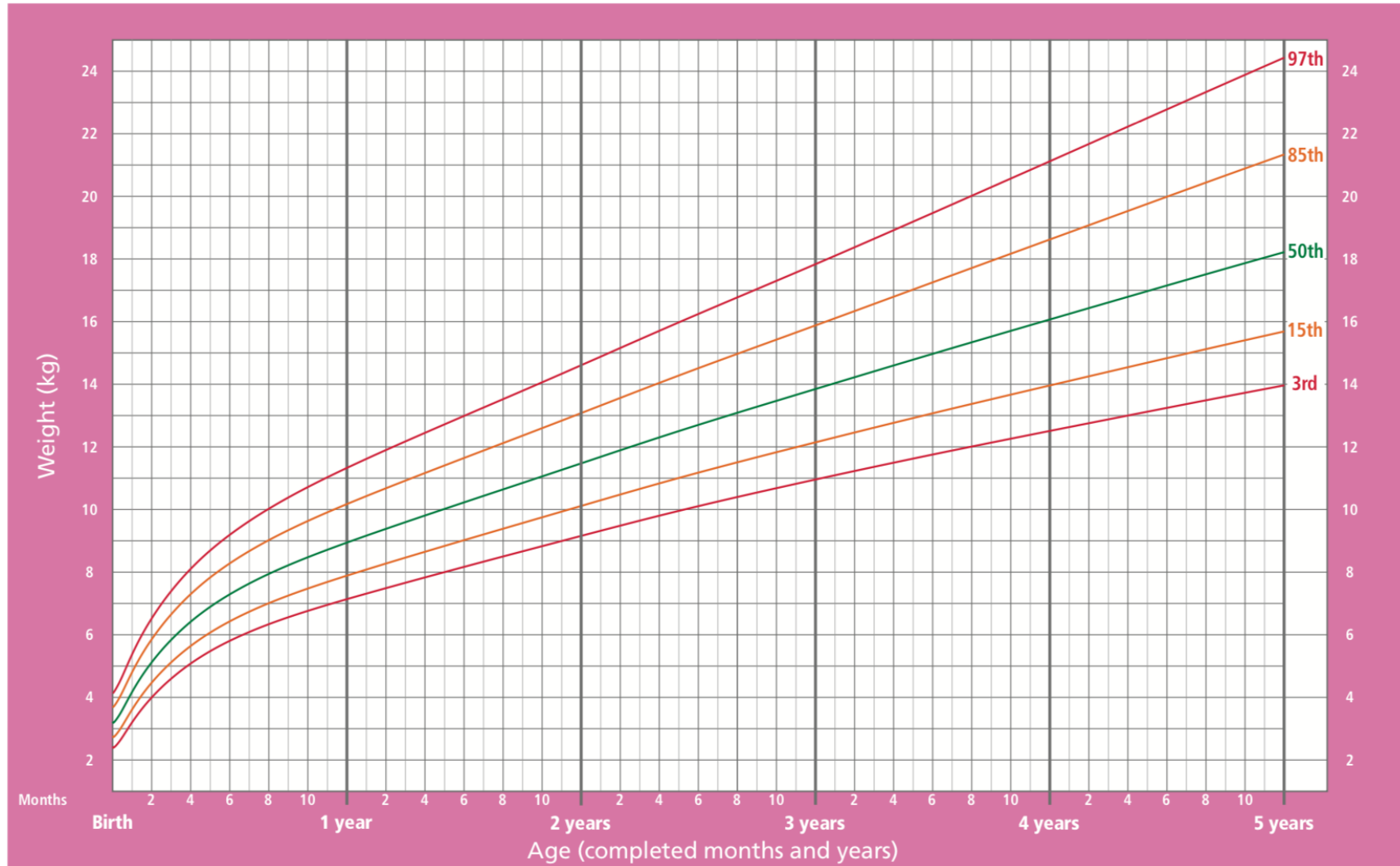
Somatic development

- Increase in weight and height
- An infant doubles weight at 5/12 and triples at 12/12
- The length increases by $\frac{1}{2}$ at the age of 12/12
- At 3/12 head circumference = chest circumference
- **Percentile charts**

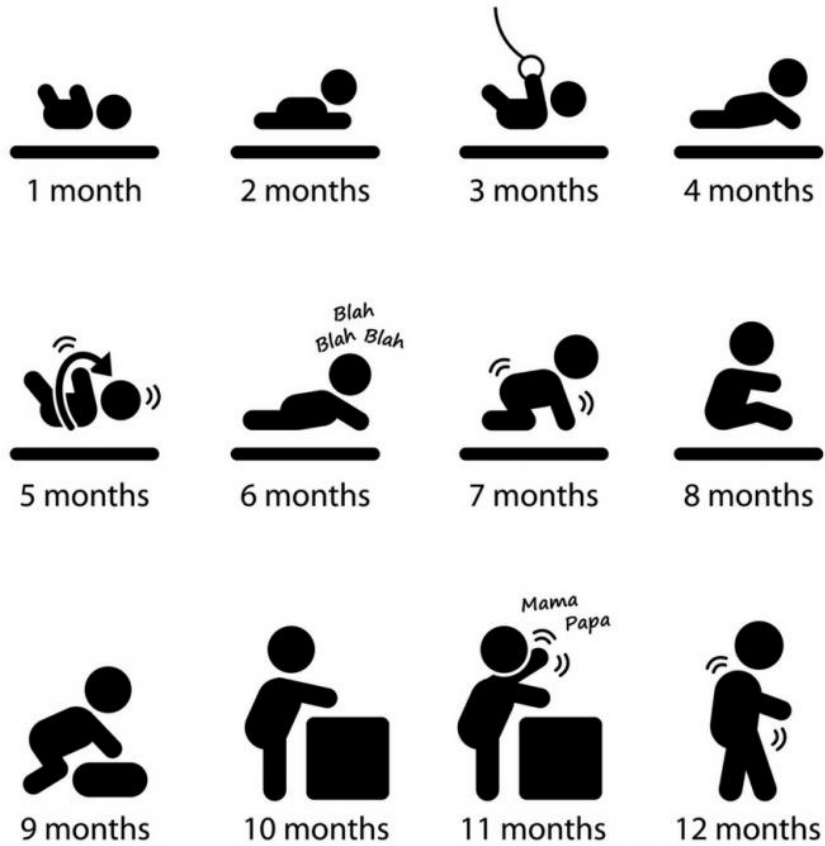


Weight-for-age GIRLS

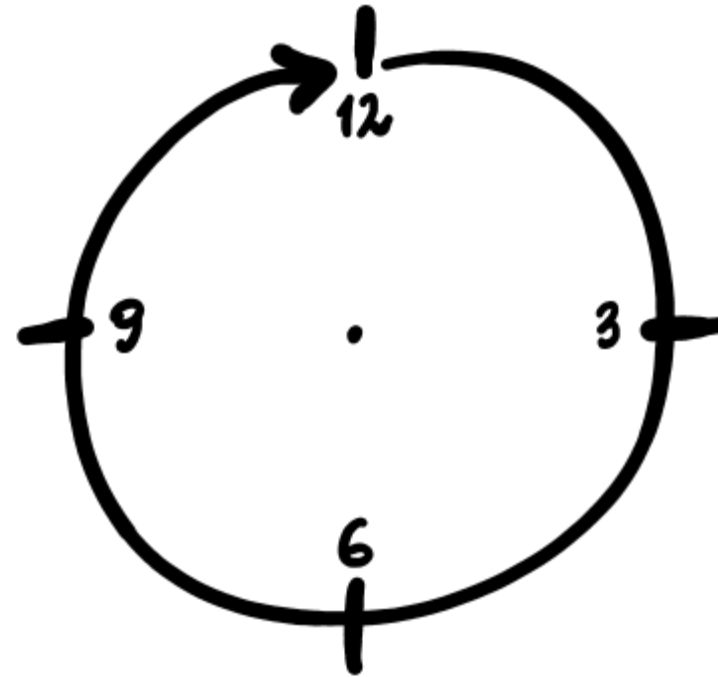
Birth to 5 years (percentiles)



KEY INFANT MILESTONES ALL PARENTS SHOULD MONITOR



Psychomotor development





Psychomotor development

- Does the child attend daycare / school?
- Does he/she meet the age related expectations at school?
Are there any learning difficulties?
- Is he distinguished in the group? By what?
- Behavior problems? Stimulants? Addiction?

Feeding

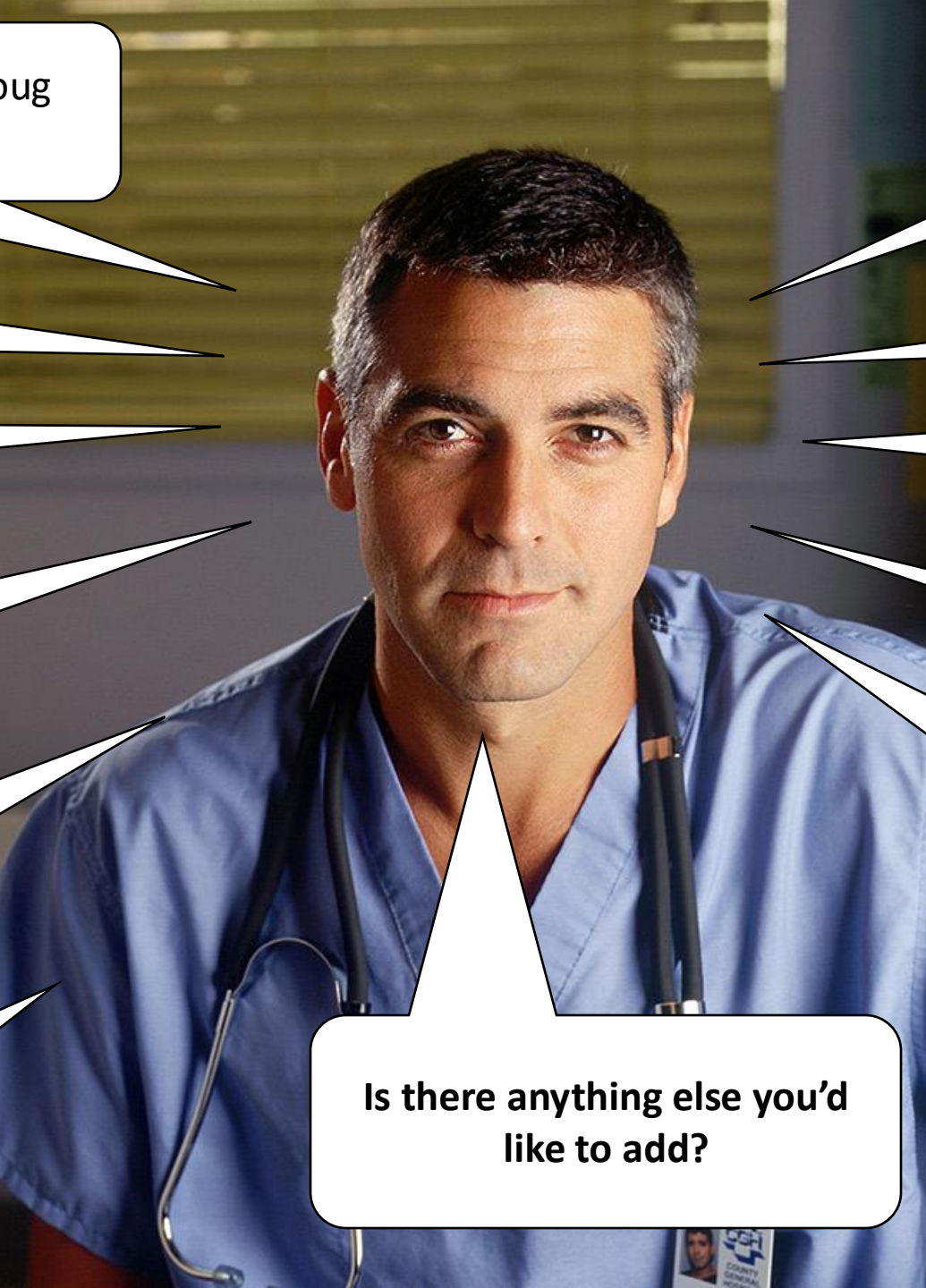
- Is/was the child breastfed? If not – why?
- If he/she is fed with **formula** – which? If the baby is fed with hydrolysed or the mother is on restricted diet – why?
- What **volume** does the baby eat?
- Where **solids** introduced? Where there any unusual reactions?
- If the child doesn't eat any particular products – which and why?
- Is his / her diet **healthy / balanced**?





Immunizations

- Is the child vaccinated according to national immunization schedule?
- If not – why? Are there delays or have parents resigned from vaccinations? Why?
- Did parents buy any non-compulsory vaccines? Which?
- **Child health record**



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Which? Antibiotic? Which?
What dose?

Did you go to a doctor? What
was his diagnosis? What did
he tell you to do?

Is there anything else you'd
like to add?

Is the child active?
Does he/she play?

Does he/she eat?
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THANK YOU

